# Estimates for the Discrepancy of a Signed Measure Using Its Energy Norm 

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#### Abstract

W. Kleiner established (1964, Ann. Polon. Math. 14, 117-130) for smooth curves and arcs an estimate for the discrepancy of a signed measure by using its energy norm. We extend this result to quasiconformal curves and arcs. The proof uses the theory of quasiconformal mappings and condenser theory. In a first step, the discrepancy of a signed measure can be estimated from above in terms of its energy norm and the capacity of a special condenser. This result is valid on every Jordan curve. Examples show the sharpness of the results from various points of view. © 2001 Academic Press


## 1. INTRODUCTION

Let $E \subset \mathbb{C}$ be a bounded Jordan curve or Jordan arc and let $\sigma$ be a signed Borel measure supported on $E$. The discrepancy of $\sigma$ is defined by

$$
D[\sigma]:=\sup |\sigma(J)|,
$$

where the supremum is taken over all subarcs $J \subseteq E$. If $\left\{v_{n}\right\}$ is a sequence of Borel measures on $E$ converging to a Borel measure $\mu$ in the sense that $D\left[\mu-v_{n}\right] \rightarrow 0$ as $n \rightarrow \infty$, then $\left\{v_{n}\right\}$ converges to $\mu$ in the weak-star sense. Thus, the discrepancy between $\mu$ and $v_{n}$ defined by $D\left[\mu-v_{n}\right]$ serves as a measurement on the rate of the weak-star convergence.

In applications, frequently $\mu=\mu_{E}$ is the equilibrium measure of $E$ [24, p. 55] and $v_{n}=v_{p_{n}}$ is the normalized zero counting measure of a polynomial $p_{n}$ of degree $n$, i.e., the measure which associates the mass $1 / n$ with each of the zeros of $p_{n}$, where every zero is counted according to its multiplicity.

Usually, the discrepancy is estimated in terms of bounds for the logarithmic potential $U(\sigma, z)$ of $\sigma$ defined by

$$
U(\sigma, z):=\int \log \frac{1}{|z-t|} d \sigma(t) .
$$

Typical results can be found in [4, 5, 7-11, 23].
A completely different approach was chosen by Kleiner [16]. He used the energy norm $\|\sigma\|$ of the signed measure $\sigma$, which is defined by

$$
\|\sigma\|^{2}:=\iint \log \frac{1}{|z-t|} d \sigma(t) d \sigma(z)
$$

to estimate the discrepancy of $\sigma$. To state the result of Kleiner some preparing definitions are necessary. Considering the set of measures

$$
\mathscr{M}_{+}(E):=\{\mu: \mu \text { is a positive measure with } \operatorname{supp}(\mu) \subseteq E\},
$$

we introduce a relation on $\mathscr{M}_{+}(E)$ be setting for $\mu_{1}, \mu_{2} \in \mathscr{M}_{+}(E)$,

$$
\mu_{1} \leqslant \mu_{2}: \Leftrightarrow \mu_{1}(J) \leqslant \mu_{2}(J), \quad \forall J \subseteq E, J \text { Borel-measurable. }
$$

Furthermore let $v \in \mathscr{M}_{+}(E)$ be a positive measure with continuous logarithmic potential in $\mathbb{C}$. For smooth $E$ we define a modulus of continuity $\omega$ of $v$ by

$$
\omega(\varepsilon):=\sup \{v(J): J \text { a subarc of } E, l(J) \leqslant \varepsilon\}, \quad \forall \varepsilon>0,
$$

where $l(J)$ denotes the arc length for all rectifiable subarcs $J \subseteq E$. The inverse function is introduced by

$$
\omega^{-1}(t):=\inf \{l(J): J \text { a subarc of } E, v(J) \geqslant t\}, \quad \forall 0<t \leqslant v(E) .
$$

Now, for signed measures $\sigma=\sigma^{+}-\sigma^{-}$with $\sigma^{+}, \sigma^{-} \in \mathscr{M}_{+}(E)$, that are dominated by $v$ such that for their total variation

$$
|\sigma|:=\sigma^{+}+\sigma^{-} \leqslant v,
$$

the discrepancy can be estimated as follows.

Theorem A (Kleiner [16]). Let $E \subset \mathbb{C}$ be a smooth Jordan curve or smooth Jordan arc and $v \in \mathscr{M}_{+}(E)$ with finite energy. For each signed measure $\sigma \not \equiv 0$ supported on $E$ with

$$
|\sigma| \leqslant v, \quad \sigma(E)=0,
$$

there exist constants $c>0$ and $M<1$ only depending on $E$ such that

$$
(D[\sigma])^{2} \leqslant c\|\sigma\|^{2} \log \frac{1}{\omega^{-1}(M D[\sigma])} .
$$

Based on this theorem and its method of proof Kleiner developed a special technique to obtain quantitative results for the distribution of Fekete points on smooth Jordan curves [17]. This technique was a basic tool to get asymptotic estimates about the distribution of extremal points in Chebyshev approximation [10] and one of the starting points for considerations to derive discrepancy estimates for signed measures if a lower bound for the logarithmic potential is known [5].

It turns out that this interesting result of Kleiner can be extended to a wider class of measures and a wider class of curves and arcs. Since the original proof of Kleiner is very technical and difficult to follow we think that our proof provides a completely different and more natural approach. In particular, the dominating measure $v$, which is essential for the proof of Kleiner, isn't needed.

## 2. MAIN RESULTS

Let $K_{1}, K_{2} \subset \mathbb{C}$ be disjoint compact sets and let $\mathscr{M}_{+}^{1}\left(K_{i}\right)$ denote the collection of all unit Borel measures in $\mathscr{M}_{+}\left(K_{i}\right), i=1,2$. Introducing

$$
\mathscr{M}^{1}\left(K_{1}, K_{2}\right):=\left\{\sigma=\sigma_{K_{1}}-\sigma_{K_{2}}: \sigma_{K_{1}} \in \mathscr{M}_{+}^{1}\left(K_{1}\right), \sigma_{K_{2}} \in \mathscr{M}_{+}^{1}\left(K_{2}\right)\right\},
$$

we define the modulus of the condenser ( $K_{1}, K_{2}$ ) by

$$
\bmod \left(K_{1}, K_{2}\right):=\inf \left\{\|\sigma\|^{2}: \sigma \in \mathscr{M}^{1}\left(K_{1}, K_{2}\right)\right\}
$$

and by

$$
\operatorname{cap}\left(K_{1}, K_{2}\right):=\frac{1}{\bmod \left(K_{1}, K_{2}\right)}
$$

its capacity (see [6]). If $\bmod \left(K_{1}, K_{2}\right)<\infty$, there exists a unique measure $\tau=\tau_{K_{1}}-\tau_{K_{2}} \in \mathscr{M}^{1}\left(K_{1}, K_{2}\right)$ such that

$$
\bmod \left(K_{1}, K_{2}\right)=\|\tau\|^{2} .
$$

The measure $\tau$ is called the equilibrium measure of $\left(K_{1}, K_{2}\right)$. If $\overline{\mathbb{C}} \backslash K_{1}$ and $\overline{\mathbb{C}} \backslash K_{2}$ are simply connected sets, then $\Omega:=\overline{\mathbb{C}} \backslash\left\{K_{1} \cup K_{2}\right\}$ is doubly
connected. Hence, if $K_{1}$ and $K_{2}$ are not degenerated to single points, there exists a conformal mapping

$$
f: \Omega \rightarrow A_{R}:=\{z \in \mathbb{C}: 1<|z|<R\}
$$

[14, Chap. V]. Moreover,

$$
R=e^{\bmod \left(K_{1}, K_{2}\right)}
$$

[24, III.13] and, consequently,

$$
\operatorname{cap}\left(K_{1}, K_{2}\right)=\frac{1}{\log R} .
$$

In particular, if $\partial K_{1}$ and $\partial K_{2}$ are Jordan curves or Jordan arcs, then $f^{-1}$ can be extended continuously to a function $f^{-1}: \bar{A}_{R} \rightarrow \bar{\Omega}$. To state some needed properties of the equilibrium measure $\tau=\tau_{K_{1}}-\tau_{K_{2}}$, we assume without loss of generality that

$$
f^{-1}(\{z \in \mathbb{C}:|z|=R\})=\partial K_{1} .
$$

If $\partial K_{1}$ is a Jordan curve, we have for any subarc $J \subset \partial K_{1}$,

$$
\begin{equation*}
\tau_{K_{1}}(J)=\frac{1}{2 \pi R} l(f(J)) . \tag{2.1}
\end{equation*}
$$

If $\partial K_{1}$ is a Jordan arc, there exist for any subarc $J \subset \partial K_{1}$ two preimages, i.e., arcs $J^{\prime}, J^{\prime \prime} \subset\{z \in \mathbb{C}:|z|=R\}$ such that $f^{-1}\left(J^{\prime}\right)=f^{-1}\left(J^{\prime \prime}\right)=J$ and $J^{\prime} \cap J^{\prime \prime}$ consists of at most two points. In this case

$$
\begin{equation*}
\tau_{K_{1}}(J)=\frac{1}{2 \pi R}\left(l\left(J^{\prime}\right)+l\left(J^{\prime \prime}\right)\right) . \tag{2.2}
\end{equation*}
$$

Analogous results are valid for $\tau_{K_{2}}$ (for proofs see [15, Sects. 4.2 and 4.3]).
Now, let $E$ be some Jordan curve and $\sigma=\sigma^{+}-\sigma^{-}$a signed measure on $E$ with $\sigma(E)=0$ and finite logarithmic energy. Further, we assume that $\sigma^{+}$ and $\sigma^{-}$have no point mass, i.e., $\sigma^{ \pm}(\{z\})=0, \forall z \in E$. Since $E$ is some Jordan curve, we need to introduce a modified modulus of continuity of $\sigma^{+}$. Let

$$
\omega_{+}(\varepsilon)=\omega_{+}\left(\sigma^{+} ; \varepsilon\right):=\sup \left\{\sigma^{+}(J): J \text { a subarc of } E, \operatorname{diam}(J) \leqslant \varepsilon\right\},
$$

$\forall \varepsilon>0$, and

$$
\omega_{+}^{-1}(t)=\omega_{+}^{-1}\left(\sigma^{+} ; t\right):=\inf \left\{\operatorname{diam}(J): J \text { a subarc of } E, \sigma^{+}(J) \geqslant t\right\},
$$

$\forall 0<t \leqslant \sigma^{+}(E)$.
The main results will use a special partition of $E$ which we introduce first. Defining $m:=D[\sigma]$, there exists a closed subarc $J \subset E$, such that

$$
\begin{equation*}
\operatorname{diam}(J) \geqslant \frac{1}{4} \operatorname{diam}(E), \quad \operatorname{diam}\left(E_{2}\right) \geqslant \frac{1}{4} \operatorname{diam}(E) \tag{2.3}
\end{equation*}
$$

where $E_{2}:=\overline{E \backslash J}$, and without loss of generality

$$
\begin{equation*}
\sigma(J) \geqslant \frac{3}{8} m \tag{2.4}
\end{equation*}
$$

This partition can be obtained as follows: We can choose a subarc $J_{1} \subset E$, such that $\left|\sigma\left(J_{1}\right)\right| \geqslant \frac{3}{4} m$ and $\operatorname{diam}\left(J_{1}\right) \geqslant \frac{1}{2} \operatorname{diam}(E)$. In selecting two points $z_{1}, z_{2} \in J_{1}$ with $\left|z_{1}-z_{2}\right|=\operatorname{diam}\left(J_{1}\right)$, it is possible to fix a point $z_{3} \in J_{1}$ lying between $z_{1}$ and $z_{2}$ such that

$$
\left|z_{i}-z_{3}\right| \geqslant \frac{1}{2} \operatorname{diam}\left(J_{1}\right), \quad i=1,2 .
$$

$z_{3}$ divides $J_{1}$ in two subarcs $J_{1,1}$ and $J_{1,2}$ with

$$
\operatorname{diam}\left(J_{1, i}\right) \geqslant \frac{1}{2} \operatorname{diam}\left(J_{1}\right) \geqslant \frac{1}{4} \operatorname{diam}(E), \quad i=1,2 .
$$

Since $\sigma(E)=0$, we can assume without loss of generality $\sigma\left(J_{1,1}\right) \geqslant \frac{3}{8} m$ (otherwise $\sigma\left(E \backslash J_{1,1}\right) \geqslant \frac{3}{8} m$ ). Hence, $J:=J_{1,1}$ has the desired properties (2.3) and (2.4).

Next, since we assume that $\sigma^{+}$and $\sigma^{-}$have no point mass, we can divide $J$ into three closed subarcs $L_{1}, E_{1}$ and $L_{2}$, that are disjoint except for their endpoints, such that

$$
\begin{equation*}
0<\operatorname{diam}\left(L_{1}\right)=\operatorname{diam}\left(L_{2}\right)=\frac{1}{2} \omega_{+}^{-1}\left(\frac{1}{8} m\right) \leqslant \operatorname{diam}\left(E_{1}\right), \tag{2.5}
\end{equation*}
$$

where $L_{1}$ and $L_{2}$ include the endpoints of $J$. By virtue of (2.4) we have

$$
\begin{equation*}
\sigma\left(E_{2}\right) \leqslant-\frac{3}{8} m, \quad \sigma^{+}\left(L_{1}\right) \leqslant \frac{1}{8} m \quad \text { and } \quad \sigma^{+}\left(L_{2}\right) \leqslant \frac{1}{8} m \tag{2.6}
\end{equation*}
$$

Finally (2.3) and (2.5) yield

$$
\operatorname{diam}\left(E_{1}\right) \geqslant \frac{1}{12} \operatorname{diam}(E) .
$$

Now, we are in position to formulate the first theorem.
Theorem 1. Let $E \subset \mathbb{C}$ be a Jordan curve and $\sigma=\sigma^{+}-\sigma^{-}$a signed measure on $E$ with $\sigma(E)=0$, finite energy and such that $\sigma^{ \pm}(\{z\})=0, \forall z \in E$.

There exist disjoint, closed subarcs $E_{1}$ and $E_{2}$ of $E$ with $\operatorname{diam}\left(E_{i}\right) \geqslant$ $\frac{1}{12} \operatorname{diam}(E), i=1,2$, and

$$
\min \left\{\operatorname{diam}\left(E_{1}\right), \operatorname{diam}\left(E_{2}\right)\right\} \geqslant \operatorname{diam}\left(L_{i}\right)=\frac{1}{2} \omega_{+}^{-1}\left(\frac{1}{8} D[\sigma]\right), \quad i=1,2,
$$

where $L_{1}$ and $L_{2}$ are subarcs with $L_{1} \cup L_{2}:=\overline{E \backslash\left\{E_{1} \cup E_{2}\right\}}$, such that

$$
D[\sigma] \leqslant c\|\sigma\| \sqrt{\operatorname{cap}\left(E_{1}, E_{2}\right)}
$$

with an absolute constant $c>0$.
A similar result can be proved for Jordan arcs.
To obtain the desired results that extend Theorem A we give upper and lower estimates for the capacity of the condenser $\left(E_{1}, E_{2}\right)$ for the case of a quasiconformal curve $E$.

We recall that, by definition, a $K$-quasiconformal $(K \geqslant 1)$ or briefly quasiconformal curve is the image of the unit circle under some $K$-quasiconformal mapping $F: \overline{\mathbb{C}} \rightarrow \overline{\mathbb{C}}[1,19]$. Any subarc of a $K$-quasiconformal curve is called a $K$-quasiconformal or briefly a quasiconformal arc.

There exists a geometric characterization of quasiconformal curves [19] and arcs [21]. For example, for curves it can be formulated as follows: $E$ is a quasiconformal curve if and only if there exists a constant $c>0$, depending only on $E$, such that for $z_{1}, z_{2} \in E$,

$$
\begin{equation*}
\min \left\{\operatorname{diam}\left(E^{\prime}\right), \operatorname{diam}\left(E^{\prime \prime}\right)\right\} \leqslant c\left|z_{1}-z_{2}\right|, \tag{2.7}
\end{equation*}
$$

where $E^{\prime}$ and $E^{\prime \prime}$ denote the two arcs of which $E \backslash\left\{z_{1}, z_{2}\right\}$ consists. Moreover, the constant $c$ and the coefficient of quasiconformality $K$ of $E$ are mutually dependent.

Using this criterion, one can easily verify that convex curves, curves of bounded variation without cusps and rectifiable Jordan curves which have locally the same order of arc length and chord length are quasiconformal. On the other hand, it is of interest to know, that a quasiconformal curve can be everywhere nonrectifiable.

Lemma 2. Let $E \subset \mathbb{C}$ be a $K$-quasiconformal curve and $E_{1}, E_{2}$ disjoint, closed subarcs of $E$ with $\operatorname{diam}\left(E_{i}\right) \geqslant \frac{1}{12} \operatorname{diam}(E), i=1,2$. Defining subarcs $L_{1}$ and $L_{2}$ with $L_{1} \cup L_{2}:=\overline{E \backslash\left\{E_{1} \cup E_{2}\right\}}$ such that for $\delta:=\operatorname{diam}\left(L_{1}\right)=$ $\operatorname{diam}\left(L_{2}\right)$,

$$
\delta \leqslant \min \left\{\operatorname{diam}\left(E_{1}\right), \operatorname{diam}\left(E_{2}\right)\right\} \quad \text { and } \quad \delta \leqslant \frac{1}{2} \operatorname{diam}(E),
$$

there exist constants $C_{1}, C_{2}>0$ only depending on $K$, such that

$$
\begin{equation*}
C_{1} \log \frac{k}{\delta} \leqslant \operatorname{cap}\left(E_{1}, E_{2}\right) \leqslant C_{2} \log \frac{k}{\delta} \tag{2.8}
\end{equation*}
$$

with $k:=\operatorname{diam}(E)$.
Combining Theorem 1 and Lemma 2 we can prove the following Theorem 3, which gives the desired estimate.

Theorem 3. Let $E \subset \mathbb{C}$ be a $K$-quasiconformal curve or $K$-quasiconformal arc and $\sigma=\sigma^{+}-\sigma^{-}$be a signed measure on $E$ with $\sigma(E)=0$, finite energy and such that $\sigma^{ \pm}(\{z\})=0, \forall z \in E$. There exists a constant $c>0$ only depending on $K$, such that

$$
\begin{equation*}
D[\sigma] \leqslant c\|\sigma\| \sqrt{\log \frac{2 k}{\omega_{+}^{-1}((1 / 8) D[\sigma])}} \tag{2.9}
\end{equation*}
$$

with $k:=\operatorname{diam}(E)$.
We would like to remark that the formulation of Theorem 3 is completely independent from the geometric construction that Theorem 1 and Lemma 2 are based on.

Remark. The restriction $\forall z: \sigma^{ \pm}(\{z\})=0$ in Theorem 3 can be removed. Indeed, otherwise we may apply Theorem 3 to the Jordan decomposition $\sigma=\mu^{+}-\mu^{-}$and use the fact that

$$
\omega_{+}^{-1}\left(\sigma^{+} ; t\right) \leqslant \omega_{+}^{-1}\left(\mu^{+} ; t\right) .
$$

The following theorem shows that inequality (2.9) is sharp up to the constant. In particular, the term including the inverse of the modulus of continuity cannot be removed.

Theorem 4. For every $K$-quasiconformal curve $E \subset \mathbb{C}$ with (w.l.o.g.) $\operatorname{diam}(E)=1$ there exist a constant $c=c(K)>0$ and a (non-trivial) family $\left(\sigma_{\delta}\right)_{0<\delta<\delta_{0}}$ of signed measures satisfying the assumptions of Theorem 3 such that

$$
\frac{D\left[\sigma_{\delta}\right]}{\left\|\sigma_{\delta}\right\|} \rightarrow 0 \quad \text { as } \quad \delta \rightarrow 0
$$

and

$$
\frac{D\left[\sigma_{\delta}\right]}{\left\|\sigma_{\delta}\right\|} \geqslant c \sqrt{\log \frac{1}{\omega_{+}^{-1}\left((1 / 8) D\left[\sigma_{\delta}\right]\right)}}, \quad 0<\delta<\delta_{0} .
$$

Finally, we would like to discuss the requirement of quasiconformality in Theorem 3. To this end, we consider a function $g \in C^{1}[0,1]$ with

$$
\begin{gather*}
g^{(j)}(x)>0, \quad \forall 0<x<1,  \tag{2.10}\\
\lim _{x \rightarrow 0+} g^{(j)}(x)=0 \tag{2.11}
\end{gather*}
$$

for $j=0,1$. In addition, we suppose that $g^{\prime}$ is Dini-smooth, i.e.,

$$
\begin{equation*}
\left|g^{\prime}\left(x_{2}\right)-g^{\prime}\left(x_{1}\right)\right|<h\left(x_{2}-x_{1}\right), \quad \forall 0 \leqslant x_{1}<x_{2} \leqslant 1, \tag{2.12}
\end{equation*}
$$

where $h$ is an increasing function with

$$
\int_{0}^{1} \frac{h(x)}{x} d x<\infty .
$$

Using $g$ we define a closed Jordan curve $E$ as

$$
\begin{align*}
E_{1} & :=\{z=x+i y: 0 \leqslant x \leqslant 1, y=g(x)\}, \\
E_{2} & :=\{z=x+i y: 0 \leqslant x \leqslant 1, y=-g(x)\},  \tag{2.13}\\
E_{3} & :=\{z:|z|=|1+i g(1)|,|\arg (z)| \leqslant \arg (1+i g(1))\}, \\
E & :=E_{1} \cup E_{2} \cup E_{3} .
\end{align*}
$$

It is obvious that $E$ possesses a cusp in the origin. Hence, by virtue of (2.7), $E$ is not quasiconformal.

Theorem 5. The assumption on quasiconformality in Theorem 3 is essential. More precisely, for every function $g$ as in (2.10), (2.11) and (2.12) and the corresponding (non-quasiconformal curve) $E$ as in (2.13), there exist constants $C_{1}, C_{2}>0$, depending only on $E$, and a familiy $\left(\sigma_{\varepsilon}\right)_{0<\varepsilon<\varepsilon_{0}}$ of signed measures, which are the difference of unit measures on $E$, such that

$$
\begin{equation*}
\left\|\sigma_{\varepsilon}\right\|^{2} \log \frac{\operatorname{diam}(E)}{\omega_{+}^{-1}\left((1 / 8) D\left[\sigma_{\varepsilon}\right]\right)} \leqslant C_{1} \sqrt{\varepsilon} \sqrt{g(\varepsilon)} \log \frac{1}{\varepsilon} \tag{2.14}
\end{equation*}
$$

and

$$
\begin{equation*}
\left(D\left[\sigma_{\varepsilon}\right]\right)^{2} \geqslant C_{2} \varepsilon, \quad \forall 0<\varepsilon<\varepsilon_{0} . \tag{2.15}
\end{equation*}
$$

Thus, an estimate like (2.9) cannot be proven, since $g$ can be chosen to tend to zero arbitrarily fast.

## 3. SOME PROPERTIES OF MODULI OF FAMILIES OF CURVES AND A BASIC LEMMA

We intend to use the notion of a module $m(\Gamma)$ of a family of curves $\Gamma$ (for definition and properties, cited below, see $[1,3,19]$ ). This quantity is a conformal invariant and satisfies the following property, known as the comparison principle. Let $\Gamma^{\prime}$ and $\Gamma^{\prime \prime}$ be two families of curves. If for any $\gamma^{\prime} \in \Gamma^{\prime}$ there exists $\gamma^{\prime \prime} \in \Gamma^{\prime \prime}$ with $\gamma^{\prime \prime} \subseteq \gamma^{\prime}$ (we write $\Gamma^{\prime}>\Gamma^{\prime \prime}$ ), then

$$
\begin{equation*}
m\left(\Gamma^{\prime}\right) \leqslant m\left(\Gamma^{\prime \prime}\right) \tag{3.1}
\end{equation*}
$$

In addition, we need another property: Let $\Omega_{1}$ and $\Omega_{2}$ be two disjoint open sets in $\overline{\mathbb{C}}$ and $\Gamma_{1}$ resp. $\Gamma_{2}$ families of curves in $\Omega_{1}$ resp. $\Omega_{2}$. Then for the moduli we have

$$
\begin{equation*}
m\left(\Gamma_{1} \cup \Gamma_{2}\right)=m\left(\Gamma_{1}\right)+m\left(\Gamma_{2}\right) . \tag{3.2}
\end{equation*}
$$

For later use we need to prove the following lemma.

Lemma 3.1. Let $E \subset \mathbb{C}$ be a Jordan arc. Dividing $E$ in 3 closed, except for common endpoints disjoint subarcs $E_{1}, L$ and $E_{2}$, where $E_{1}$ and $E_{2}$ denote the subarcs containing the endpoints of $E$ and $\operatorname{diam}\left(E_{i}\right) \geqslant \operatorname{diam}(L), i=1,2$, we have

$$
\operatorname{cap}\left(E_{1}, E_{2}\right) \geqslant \frac{1}{16 \pi^{2}} .
$$

Proof. $\Omega:=\overline{\mathbb{C}} \backslash\left\{E_{1} \cup E_{2}\right\}$ is doubly connected. Hence, there exists a conformal mapping

$$
\begin{equation*}
f: \Omega \rightarrow A_{R}:=\{z \in \mathbb{C}: 1<|z|<R\}, \tag{3.3}
\end{equation*}
$$

where

$$
\begin{equation*}
\operatorname{cap}\left(E_{1}, E_{2}\right)=\frac{1}{\log R} . \tag{3.4}
\end{equation*}
$$

Let $\Gamma$ denote the family of all Jordan curves $\gamma \subset \overline{\mathbb{C}}$, which separate $E_{1}$ and $E_{2}$ (see Fig. 1). It is well known that

$$
\begin{equation*}
m(\Gamma)=m(f(\Gamma))=\frac{1}{2 \pi} \log R, \tag{3.5}
\end{equation*}
$$



FIGURE 1
where $f(\Gamma):=\{f(\gamma): \gamma \in \Gamma\}$. Hence, it is enough to find a suitable upper estimate for $m(\Gamma)$. To do so, we need to define some admissible function $\rho$. Setting $d_{i}:=\operatorname{diam}\left(E_{i}\right)$ for $i=1$, 2, we choose $\zeta_{i}:=E_{i} \cap L$ and define

$$
\rho_{i}(z):= \begin{cases}\frac{1}{d_{i}}, & \text { if } \quad\left|z-\zeta_{i}\right|<2 d_{i} \\ 0, & \text { elsewhere }\end{cases}
$$

and

$$
\rho(z):=\max \left\{\rho_{1}(z), \rho_{2}(z)\right\}, \quad \forall z \in \mathbb{C} .
$$

It can easily be checked that for all $\gamma \in \Gamma$,

$$
\int_{\gamma} \rho(z)|d z| \geqslant 1 .
$$

Therefore, the definition of the module, (3.4) and (3.5) yield

$$
\begin{aligned}
m(\Gamma) & \leqslant \int_{\mathbb{C}} \rho^{2}(z) d m(z) \leqslant \int_{\mathbb{C}} \rho_{1}^{2}(z) d m(z)+\int_{\mathbb{C}} \rho_{2}^{2}(z) d m(z) \\
& =\frac{1}{d_{1}^{2}} \int_{0}^{2 d_{1}} r \int_{0}^{2 \pi} d \vartheta d r+\frac{1}{d_{2}^{2}} \int_{0}^{2 d_{2}} r \int_{0}^{2 \pi} d \vartheta d r=8 \pi,
\end{aligned}
$$

where $\operatorname{dm}(z)$ denotes the 2-dimensional Lebesgue measure.

## 4. PROOF OF THEOREM 1

Throughout this proof we denote by $C$ a positive, absolute constant which can obtain different values in different occurrences.

Using the invariance of the discrepancy and the energy norm of signed measures with total mass 0 with respect to linear transformations we can assume without loss of generality that

$$
E \subset\left\{z \in \mathbb{C}:|z| \leqslant \frac{1}{2}\right\} .
$$

We introduce the doubly connected domain $\Omega:=\overline{\mathbb{C}} \backslash\left\{E_{1} \cup E_{2}\right\}$ and the conformal mapping $f: \Omega \rightarrow A_{R}$ as in (3.3). There exists a continuous extension of $f^{-1}$ to $\bar{A}_{R}$ for which we assume without loss of generality that $f^{-1}(\{z \in \mathbb{C}:|z|=R\})=E_{2}$. For $\varepsilon>0$ sufficiently small we define the annulus

$$
A_{R, \varepsilon}:=\{z \in \mathbb{C}: 1+\varepsilon \leqslant|z| \leqslant R-\varepsilon\}
$$

and a function $g_{1}$ by

$$
g_{1}(z):=\frac{\log |z|-\log (1+\varepsilon)}{\log (R-\varepsilon)-\log (1+\varepsilon)}, \quad \forall z \in A_{R, \varepsilon} .
$$

Then

$$
\begin{array}{rlll}
0 \leqslant g_{1}(z) \leqslant 1, & \forall z \in A_{R, \varepsilon}, & \\
g_{1}(z)=1, & \forall z \quad \text { with } & |z|=R-\varepsilon, \\
g_{1}(z)=0, & \forall z & \text { with } & |z|=1+\varepsilon .
\end{array}
$$

For later use we notice that

$$
\begin{align*}
\int_{A_{R, \varepsilon}}\left|\operatorname{grad} g_{1}(z)\right|^{2} d m(z) & =\frac{1}{(\log ((R-\varepsilon) /(1+\varepsilon)))^{2}} \int_{A_{R, \varepsilon}} \frac{1}{|z|^{2}} d m(z) \\
& =\frac{2 \pi}{\log ((R-\varepsilon) /(1+\varepsilon))} . \tag{4.1}
\end{align*}
$$

If $\Omega_{\varepsilon}:=f^{-1}\left(A_{R, \varepsilon}\right)$, its complement in $\overline{\mathbb{C}}$ consists of two open sets $E_{1, \varepsilon}$ and $E_{2, \varepsilon}$, which contain $E_{1}$ and $E_{2}$, respectively. We consider in $\overline{\mathbb{C}}$ the function $g_{2}$ given by

$$
\begin{array}{ll}
g_{2}(z):=g_{1}(f(z)), & \forall z \in \Omega_{\varepsilon}, \\
g_{2}(z):=0, & \forall z \in E_{1, \varepsilon}, \\
g_{2}(z):=1, & \forall z \in E_{2, \varepsilon} .
\end{array}
$$

$g_{2}$ is continuous in $\overline{\mathbb{C}}$ and its gradient can be extended continuously from both sides to $\partial \Omega_{\varepsilon}$. Thus, we have

$$
g_{2} \in C^{1}\left(\Omega_{\varepsilon}\right) \quad \text { and } \quad g_{2} \in C^{\infty}\left(E_{i, \varepsilon}\right), \quad i=1,2 .
$$

In choosing a continuously differentiable function $g_{3}(z)=g_{3}(|z|)$ with

$$
\begin{aligned}
0 \leqslant g_{3}(z) \leqslant 1, & \forall z \in \mathbb{C}, \\
g_{3}(z)=1, & \forall|z| \leqslant 1, \\
g_{3}(z)=0, & \forall|z| \geqslant 2,
\end{aligned}
$$

we consider the function $g(z):=g_{2}(z) g_{3}(z)$ which satisfies

$$
\begin{align*}
0 \leqslant g(z) \leqslant 1, & \forall z \in \overline{\mathbb{C}}, \\
g(z)=1, & \forall z \in E_{2, \varepsilon},  \tag{4.2}\\
g(z)=0, & \forall z \in E_{1, \varepsilon} .
\end{align*}
$$

The function $g$ can be represented as

$$
\begin{equation*}
g(z)=-\frac{1}{2 \pi} \int_{\mathbb{C}} \operatorname{grad} g(\zeta) \operatorname{grad}_{\zeta} \log |z-\zeta| d m(\zeta) \tag{4.3}
\end{equation*}
$$

where we use the standard inner product in $\mathbb{R}^{2}$. We skip the proof of (4.3) for it is only a simple application of Green's formulas.

Using (2.6) and (4.2), (4.3), Fubini's theorem and Hölder's inequality, we obtain

$$
\begin{align*}
\frac{1}{8} m & \leqslant\left|\int_{E} g(z) d \sigma(z)\right|=\left|\frac{1}{2 \pi} \int_{E} \int \operatorname{grad} g(\zeta) \operatorname{grad}_{\zeta} \log \right| z-\zeta|d m(\zeta) d \sigma(z)| \\
& =\left|\frac{1}{2 \pi} \int \operatorname{grad} g(\zeta) \operatorname{grad} U(\sigma, \zeta) d m(\zeta)\right| \\
& \leqslant\left[\int|\operatorname{grad} g(\zeta)|^{2} d m(\zeta)\right]^{1 / 2}\left[\frac{1}{4 \pi^{2}} \int|\operatorname{grad} U(\sigma, \zeta)|^{2} d m(\zeta)\right]^{1 / 2} . \tag{4.4}
\end{align*}
$$

In addition, the inequality of Minkowski, (4.1) and the fact that $\int\left|\operatorname{grad} g_{1}\right|^{2} d m$ is a conformal invariant with respect to $f$ yield

$$
\begin{align*}
& {\left[\int|\operatorname{grad} g(\zeta)|^{2} d m(\zeta)\right]^{1 / 2}} \\
& =\left[\int\left|g_{3}(\zeta) \operatorname{grad} g_{2}(\zeta)+g_{2}(\zeta) \operatorname{grad} g_{3}(\zeta)\right|^{2} d m(\zeta)\right]^{1 / 2} \\
& \leqslant\left[\int\left|\operatorname{grad} g_{2}(\zeta)\right|^{2} d m(\zeta)\right]^{1 / 2}+\left[\int\left|\operatorname{grad} g_{3}(\zeta)\right|^{2} d m(\zeta)\right]^{1 / 2} \\
& =\left[\int\left|\operatorname{grad} g_{1}(\zeta)\right|^{2} d m(\zeta)\right]^{1 / 2}+C \\
& =\left(\frac{2 \pi}{\log ((R-\varepsilon) /(1+\varepsilon))}\right)^{1 / 2}+C \leqslant C\left(\frac{2 \pi}{\log ((R-\varepsilon) /(1+\varepsilon))}\right)^{1 / 2}, \tag{4.5}
\end{align*}
$$

where the constants $C>0$ are absolute under consideration of Lemma 3.1 and (3.4). Finally, since

$$
\int|\operatorname{grad} U(\sigma, \zeta)|^{2} d m(\zeta)=4 \pi^{2}\|\sigma\|^{2}
$$

(see [18, Theorem 1.20]), we obtain with (4.4), (4.5) and letting $\varepsilon \rightarrow 0$,

$$
\frac{1}{8} m \leqslant C\|\sigma\|\left(\frac{2 \pi}{\log R}\right)^{1 / 2}
$$

Hence, (3.4) yields

$$
D[\sigma] \leqslant c\|\sigma\| \sqrt{\operatorname{cap}\left(E_{1}, E_{2}\right)}
$$

with an absolute constant $c>0$.

## 5. SOME AUXILIARY FACTS FROM THE THEORY OF QUASICONFORMAL MAPPINGS

Let $E \subset \mathbb{C}$ be a $K$-quasiconformal curve and $F$ be the corresponding quasiconformal mapping, which maps the unit circle onto $E$ such that $F(\infty)=\infty$ and $F(0)=z_{0} \in \operatorname{int}(E)$. Let $\Phi$ denote the conformal mapping of the unbounded component $\operatorname{ext}(E)$ of $\overline{\mathbb{C}} \backslash E$ onto

$$
\Delta:=\{z \in \overline{\mathbb{C}}:|z|>1\},
$$

such that $\Phi(\infty)=\infty$ and $\Phi^{\prime}(\infty)>0$. In addition, we consider the conformal mapping $\varphi$ of $\operatorname{int}(E)$ onto the unit disk $D$, such that $\varphi\left(z_{0}\right)=0$ and
$\varphi^{\prime}\left(z_{0}\right)>0$. Since $E$ is quasiconformal, $\varphi$ and $\Phi$ can be extended to quasiconformal mappings of the extended complex plane $\overline{\mathbb{C}}$ onto itself, such that $\varphi(\infty)=\infty$ and $\Phi\left(z_{0}\right)=0$ [1].

Hence, for later use, we cite the following results for conformal and quasiconformal mappings.

Lemma 5.1 [4, Lemma 1]. Let $g$ be a conformal mapping of a region $G_{1} \subset \mathbb{C}$ onto a region $G_{2} \subset \mathbb{C}$. Then, for each $z \in G_{1}$,

$$
\frac{1}{4} \frac{\operatorname{dist}\left(g(z), \partial G_{2}\right)}{\operatorname{dist}\left(z, \partial G_{1}\right)} \leqslant\left|g^{\prime}(z)\right| \leqslant 4 \frac{\operatorname{dist}\left(g(z), \partial G_{2}\right)}{\operatorname{dist}\left(z, \partial G_{1}\right)} .
$$

Lemma 5.2 [2, Lemma 1]. Let $\omega=G(z)$ be a $\tilde{K}$-quasiconformal mapping from $\overline{\mathbb{C}}$ onto $\overline{\mathbb{C}}$ with $G(\infty)=\infty$. For $z_{j} \in \mathbb{C}$ and $\omega_{j}=G\left(z_{j}\right), j=1,2,3$, the inequality $\left|\omega_{1}-\omega_{2}\right| \leqslant c_{1}\left|\omega_{1}-\omega_{3}\right|$ implies
(a) $\left|z_{1}-z_{2}\right| \leqslant c_{2}\left|z_{1}-z_{3}\right|$,
(b) $\left|\frac{\left(z_{1}-z_{3}\right)}{\left(z_{1}-z_{2}\right)}\right| \leqslant c_{3}\left|\frac{\left(\omega_{1}-\omega_{3}\right)}{\left(\omega_{1}-\omega_{2}\right)}\right| \tilde{K}$
with constants $c_{i}=c_{i}\left(c_{1}, \tilde{K}\right), i=2,3$.
Corollary 5.3. Since $G^{-1}$ is also a $\tilde{K}$-quasiconformal mapping from $\overline{\mathbb{C}}$ onto $\overline{\mathbb{C}}$ with $G^{-1}(\infty)=\infty$, the inequality $\left|z_{1}-z_{2}\right| \leqslant c_{1}\left|z_{1}-z_{3}\right|$ implies
(a) $\left|\omega_{1}-\omega_{2}\right| \leqslant c_{2}\left|\omega_{1}-\omega_{3}\right|$,
(b) $\left|\frac{\left(\omega_{1}-\omega_{3}\right)}{\left(\omega_{1}-\omega_{2}\right)}\right| \leqslant c_{3}\left|\frac{\left(z_{1}-z_{3}\right)}{\left(z_{1}-z_{2}\right)}\right| \tilde{K}$
with constants $c_{i}=c_{i}\left(c_{1}, \widetilde{K}\right), i=2,3$.

## 6. PROOF OF LEMMA 2

In the sequel, we denote by $C$ a positive constant which depends only on $K$ and which can obtain different values in different occurrences.

First, we assume that

$$
E \subset\left\{z \in \mathbb{C}:|z| \leqslant \frac{1}{2}\right\} .
$$

Let $\Omega:=\overline{\mathbb{C}} \backslash\left\{E_{1} \cup E_{2}\right\}$ and $f: \Omega \rightarrow A_{R}$ be the conformal mapping as in (3.3). For points $\zeta^{\prime}$ and $\zeta^{\prime \prime}$ of $L_{1}$ with

$$
\left|\zeta^{\prime}-\zeta^{\prime \prime}\right|=\delta
$$

we choose points $\zeta_{1} \in L_{1}$, such that

$$
\begin{equation*}
\frac{\delta}{2} \leqslant\left|\zeta^{\prime}-\zeta_{1}\right|=\left|\zeta^{\prime \prime}-\zeta_{1}\right| \leqslant \delta, \tag{6.1}
\end{equation*}
$$

and $\zeta_{2} \in L_{2}$ analogously.
Considering the points $\omega_{1}:=\Phi\left(\zeta_{1}\right), \omega_{2}:=\Phi\left(\zeta_{2}\right)$ and $\tilde{\omega}_{1}:=\varphi\left(\zeta_{1}\right)$, $\tilde{\omega}_{2}:=\varphi\left(\zeta_{2}\right)$ we define a closed Jordan curve $\Gamma$ through $\zeta_{1}$ and $\zeta_{2}$ as follows.

If $\omega_{1}=e^{i \vartheta_{1}}, \omega_{2}=e^{i \vartheta_{2}}$ and $\tilde{\omega}_{1}=e^{i \tilde{\vartheta}_{1}}, \tilde{\omega}_{2}=e^{i \tilde{\vartheta}_{2}}$ (where without loss of generality $\left.0 \leqslant \vartheta_{1}<\vartheta_{2}<2 \pi, 0 \leqslant \widetilde{\vartheta}_{1}<\widetilde{\vartheta}_{2}<2 \pi\right)$, we set

$$
\begin{aligned}
\Gamma_{1, j}^{\prime} & :=\left\{\omega \in \mathbb{C}: \omega=r e^{i \vartheta_{j}, 1} 1 \leqslant r \leqslant 2\right\}, \quad j=1,2, \\
\Gamma_{1,3}^{\prime} & :=\left\{\omega \in \mathbb{C}: \omega=2 e^{i \vartheta}, \vartheta_{1} \leqslant \vartheta \leqslant \vartheta_{2}\right\}, \\
\Gamma_{1}^{\prime} & :=\Gamma_{1,1}^{\prime} \cup \Gamma_{1,2}^{\prime} \cup \Gamma_{1,3}^{\prime}, \\
\Gamma_{2, j}^{\prime} & :=\left\{\omega \in \mathbb{C}: \omega=r e^{i \widetilde{\vartheta}_{j},} \frac{1}{2} \leqslant r \leqslant 1\right\}, \quad j=1,2, \\
\Gamma_{2,3}^{\prime} & :=\left\{\omega \in \mathbb{C}: \omega=\frac{1}{2} e^{i \vartheta}, \widetilde{\vartheta}_{1} \leqslant \vartheta \leqslant \widetilde{\vartheta}_{2}\right\}, \\
\Gamma_{2}^{\prime} & :=\Gamma_{2,1}^{\prime} \cup \Gamma_{2,2}^{\prime} \cup \Gamma_{2,3}^{\prime},
\end{aligned}
$$

and $\Gamma_{1}:=\Phi^{-1}\left(\Gamma_{1}^{\prime}\right), \Gamma_{2}:=\varphi^{-1}\left(\Gamma_{2}^{\prime}\right)$, and $\Gamma:=\Gamma_{1} \cup \Gamma_{2}$ (see Fig. 2).
In what follows we want to use this choice of $\Gamma$ to show that $\frac{1}{R-1}$, which behaves similar to $\operatorname{cap}\left(E_{1}, E_{2}\right)$, can be estimated from above by $\log \frac{k}{\delta}$ with $k:=\operatorname{diam}(E)$. Using this inequality we can prove the right-hand inequality in (2.8).

Let $\tilde{\Gamma}:=f(\Gamma)$. We consider the integrals

$$
I_{1}:=\int_{\Gamma} \frac{|d \zeta|}{\operatorname{dist}(\zeta, \partial \Omega)} \quad \text { and } \quad I_{2}:=\int_{\tilde{\Gamma}} \frac{|d \xi|}{\operatorname{dist}\left(\xi, \partial A_{R}\right)}
$$

To compare both integrals we apply Lemma 5.1 to $f, \Omega_{\infty}:=\Omega \backslash\{\infty\}$ and $f\left(\Omega_{\infty}\right)$ to obtain

$$
\begin{align*}
4 I_{1} & =4 \int_{\Gamma} \frac{|d \zeta|}{\operatorname{dist}\left(\zeta, \partial \Omega_{\infty}\right)}=4 \int_{\tilde{\Gamma}} \frac{|d \xi|}{\left|f^{\prime}(\zeta)\right| \operatorname{dist}\left(\zeta, \partial \Omega_{\infty}\right)} \\
& \geqslant \int_{\tilde{\Gamma}} \frac{|d \xi|}{\operatorname{dist}\left(\xi, \partial f\left(\Omega_{\infty}\right)\right)} \geqslant \int_{\tilde{\Gamma}} \frac{|d \xi|}{\operatorname{dist}\left(\xi, \partial A_{R}\right)}=I_{2} . \tag{6.2}
\end{align*}
$$

Since $\operatorname{dist}\left(\xi, \partial A_{R}\right) \leqslant \frac{R-1}{2}$ for each $\xi \in \tilde{\Gamma}$, we have

$$
\begin{equation*}
I_{2}=\int_{\tilde{\Gamma}} \frac{|d \xi|}{\operatorname{dist}\left(\xi, \partial A_{R}\right)} \geqslant \int_{0}^{2 \pi} \frac{d \vartheta}{(R-1) / 2}=\frac{4 \pi}{R-1} . \tag{6.3}
\end{equation*}
$$



FIGURE 2

With (6.2) and (6.3) it remains to find an upper bound for $I_{1}$ in order to give an upper estimate for $\frac{1}{R-1}$. Thus, to consider first

$$
\int_{\Gamma_{1,1}} \frac{|d \zeta|}{\operatorname{dist}(\zeta, \partial \Omega)},
$$

we need the following lemma.

Lemma 6.1. Denoting for each $\zeta \in \Gamma_{1,1}$ the subarc of $\Gamma_{1,1}$ between $\zeta_{1}$ and $\zeta$ with $\Gamma_{1,1}\left(\zeta_{1}, \zeta\right)$, there exist constants $c_{i}=c_{i}(K)>0, i=1,2$, such that for each $\zeta \in \Gamma_{1,1}$,

$$
\begin{equation*}
c_{1}\left|\zeta-\zeta_{1}\right| \leqslant \operatorname{dist}(\zeta, E) \leqslant\left|\zeta-\zeta_{1}\right| \tag{6.4}
\end{equation*}
$$

and

$$
\begin{equation*}
\left|\zeta-\zeta_{1}\right| \leqslant l\left(\Gamma_{1,1}\left(\zeta_{1}, \zeta\right)\right) \leqslant c_{2}\left|\zeta-\zeta_{1}\right| . \tag{6.5}
\end{equation*}
$$

Inequality (6.4) can be proved with standard arguments using the quasiconformality of $E$. For the proof of (6.5) we refer the reader to [12, p. 48].

To find an upper estimate for the integral above, we define $\omega^{\prime}:=\Phi\left(\zeta^{\prime}\right)$ and $\omega^{\prime \prime}:=\Phi\left(\zeta^{\prime \prime}\right)$. Since

$$
\left|\omega^{\prime}-\omega_{1}\right| \leqslant 2\left|\omega_{1}-2 e^{i \vartheta_{1}}\right|,
$$

Lemma 5.2 and (6.1) yield

$$
\frac{\delta}{2} \leqslant\left|\zeta^{\prime}-\zeta_{1}\right| \leqslant c_{1}\left|\zeta_{1}-\Phi^{-1}\left(2 e^{i \vartheta_{1}}\right)\right| \leqslant c_{1} l\left(\Gamma_{1,1}\right)
$$

with $c_{1}=c_{1}(K)$. Hence we can choose a subarc $\gamma_{1}$ of $\Gamma_{1,1}$ of length $\frac{1}{2 c_{1}} \delta$ with $\zeta_{1}$ as one of its endpoints and we have

$$
\int_{\Gamma_{1,1}} \frac{|d \zeta|}{\operatorname{dist}(\zeta, \partial \Omega)}=\int_{\gamma_{1}} \frac{|d \zeta|}{\operatorname{dist}(\zeta, \partial \Omega)}+\int_{\Gamma_{1,1} \backslash \gamma_{1}} \frac{|d \zeta|}{\operatorname{dist}(\zeta, \partial \Omega)}
$$

To give an estimate for the first integral of the right-hand side we set $\gamma_{1}^{\prime}:=\Phi\left(\gamma_{1}\right)$ and assume without loss of generality (the other case can be treated similarly) that

$$
\left|\omega-\omega^{\prime}\right| \leqslant\left|\omega-\omega^{\prime \prime}\right|, \quad \forall \omega \in \gamma_{1}^{\prime} .
$$

Let $\zeta \in \gamma_{1}$ and $\omega:=\Phi(\zeta) \in \gamma_{1}^{\prime}$. Defining $L_{1}^{\prime}:=\Phi\left(L_{1}\right)$, we obtain for each $\tilde{\omega} \in \partial D \backslash L_{1}^{\prime}$,

$$
\left|\omega-\omega^{\prime}\right| \leqslant|\omega-\tilde{\omega}| .
$$

Hence, Lemma 5.2 yields

$$
\begin{equation*}
\left|\zeta-\zeta^{\prime}\right| \leqslant C \operatorname{dist}(\zeta, \partial \Omega) . \tag{6.6}
\end{equation*}
$$

On the other hand

$$
\left|\omega-\omega^{\prime}\right| \geqslant\left|\omega_{1}-\omega^{\prime}\right|,
$$

and, consequently, using Lemma 5.2 and (6.1) we get

$$
\begin{equation*}
\frac{\delta}{2} \leqslant\left|\zeta_{1}-\zeta^{\prime}\right| \leqslant C\left|\zeta-\zeta^{\prime}\right| . \tag{6.7}
\end{equation*}
$$

The estimates (6.6) and (6.7) imply

$$
\operatorname{dist}(\zeta, \partial \Omega) \geqslant C \frac{\delta}{2}, \quad \forall \zeta \in \gamma_{1}
$$

which leads to

$$
\begin{equation*}
\int_{\gamma_{1}} \frac{|d \zeta|}{\operatorname{dist}(\zeta, \partial \Omega)} \leqslant \frac{C}{\delta} l\left(\gamma_{1}\right) \leqslant C . \tag{6.8}
\end{equation*}
$$

To estimate the other integral, Lemma 6.1 yields

$$
\begin{equation*}
\int_{\Gamma_{1,1} \backslash \gamma_{1}} \frac{|d \zeta|}{\operatorname{dist}(\zeta, \partial \Omega)} \leqslant C \int_{\Gamma_{1,1} \backslash \gamma_{1}} \frac{|d \zeta|}{l\left(\Gamma_{1,1}\left(\zeta_{1}, \zeta\right)\right)} \leqslant C \log \frac{k}{\delta} . \tag{6.9}
\end{equation*}
$$

Hence, with (6.8) and (6.9) we get

$$
\int_{\Gamma_{1,1}} \frac{|d \zeta|}{\operatorname{dist}(\zeta, \partial \Omega)} \leqslant C \log \frac{k}{\delta} .
$$

Since $\Gamma_{1,3}$ is a subarc of a level line of the Green's function of $\operatorname{ext}(E)$ with pole at $\infty$, we have

$$
\int_{\Gamma_{1,3}} \frac{|d \zeta|}{\operatorname{dist}(\zeta, \partial \Omega)} \leqslant C .
$$

The integral over $\Gamma_{1,2}$ behaves like that over $\Gamma_{1,1}$. Thus, we get

$$
\int_{\Gamma_{1}} \frac{|d \zeta|}{\operatorname{dist}(\zeta, \partial \Omega)} \leqslant C \log \frac{k}{\delta}
$$

Since the case of $\Gamma_{2}$ can be handled in the same way, we obtain

$$
\begin{equation*}
I_{1}=\int_{\Gamma} \frac{|d \zeta|}{\operatorname{dist}(\zeta, \partial \Omega)} \leqslant C \log \frac{k}{\delta} \tag{6.10}
\end{equation*}
$$

Consequently, (6.2), (6.3) and (6.10) yield

$$
\begin{equation*}
\frac{4 \pi}{R-1} \leqslant C \log \frac{k}{\delta} \tag{6.11}
\end{equation*}
$$

which is the desired estimate for $\frac{1}{R-1}$.
The next step is to find an appropriate lower bound for $\frac{1}{R-1}$. To this end, we define $z_{\infty}:=f(\infty)$ and assume without loss of generality (the other case can be treated similarly) that

$$
\left|z_{\infty}\right| \geqslant \frac{R+1}{2}
$$

In setting

$$
\tilde{\Gamma}:=\left\{z \in \mathbb{C}: z=\left(1+\frac{R-1}{8}\right) e^{i \vartheta}, 0 \leqslant \vartheta \leqslant 2 \pi\right\}
$$

and $\Gamma:=f^{-1}(\tilde{\Gamma})$ we want to make use of the integrals

$$
I_{1}:=\int_{\Gamma} \frac{|d \zeta|}{\operatorname{dist}(\zeta, \partial \Omega)} \quad \text { and } \quad I_{2}:=\int_{\tilde{\Gamma}} \frac{|d \xi|}{\operatorname{dist}\left(\xi, \partial A_{R}\right)}
$$

To compare both integrals we apply Lemma 5.1 to $f, A_{R}^{\infty}:=A_{R} \backslash\left\{z_{\infty}\right\}$ and $f^{-1}\left(A_{R}^{\infty}\right)$ to obtain

$$
\begin{align*}
4 I_{2} & =4 \int_{\tilde{\Gamma}} \frac{|d \xi|}{\operatorname{dist}\left(\xi, \partial A_{R}^{\infty}\right)} \geqslant \int_{\tilde{\Gamma}} \frac{|d \xi|}{\left|f^{\prime}(\zeta)\right| \operatorname{dist}\left(\zeta, \partial f^{-1}\left(A_{R}^{\infty}\right)\right)} \\
& =\int_{\Gamma} \frac{|d \zeta|}{\operatorname{dist}\left(\zeta, \partial f^{-1}\left(A_{R}^{\infty}\right)\right)}=\int_{\Gamma} \frac{|d \zeta|}{\operatorname{dist}(\zeta, \partial \Omega)}=I_{1} . \tag{6.12}
\end{align*}
$$

By virtue of the equality

$$
\begin{equation*}
I_{2}=\frac{8}{R-1} \int_{0}^{2 \pi} \frac{R+7}{8} d \vartheta=2 \pi \frac{R+7}{R-1} \tag{6.13}
\end{equation*}
$$

it remains to find an estimate from below for $I_{1}$. In choosing $\zeta_{0} \in \Gamma \cap E$ we have for each $\zeta \in \Gamma$,

$$
\begin{aligned}
\operatorname{dist}(\zeta, \partial \Omega) & \leqslant \operatorname{dist}\left(\zeta_{0}, \partial \Omega\right)+\left|\zeta_{0}-\zeta\right| \\
& \leqslant \delta+l\left(\Gamma\left(\zeta_{0}, \zeta\right)\right),
\end{aligned}
$$

where $\Gamma\left(\zeta_{0}, \zeta\right)$ denotes a subarc of $\Gamma$ with endpoints $\zeta_{0}$ and $\zeta$. All subarcs $\Gamma\left(\zeta_{0}, \zeta\right)$ are chosen with the same orientation. Consequently, we get

$$
I_{1} \geqslant \int_{\Gamma} \frac{|d \zeta|}{\delta+l\left(\Gamma\left(\zeta_{0}, \zeta\right)\right)}=\int_{0}^{l(\Gamma)} \frac{d s}{\delta+s}=\log \frac{\delta+l(\Gamma)}{\delta}
$$

The assumptions on $E_{1}$ and $E_{2}$ yield $l(\Gamma) \geqslant \frac{1}{6} \operatorname{diam}(E)$ and we obtain

$$
\begin{equation*}
I_{1} \geqslant C \log \frac{k}{\delta} \tag{6.14}
\end{equation*}
$$

Finally, (6.12), (6.13) and (6.14) lead to the desired inequality

$$
\begin{equation*}
\log \frac{k}{\delta} \leqslant C \frac{R+7}{R-1} \tag{6.15}
\end{equation*}
$$

Since by Lemma 3.1, $R$ is bounded from above by an absolute constant, we have

$$
C \frac{1}{\log R} \leqslant \frac{1}{R-1} \leqslant \frac{1}{\log R}
$$

with an absolute constant $C>0$. Hence, (3.4), (6.11), and (6.15) yield

$$
C_{1} \log \frac{k}{\delta} \leqslant \operatorname{cap}\left(E_{1}, E_{2}\right) \leqslant C_{2} \log \frac{k}{\delta} .
$$

It remains to consider the case $\operatorname{diam}(E)>1$. In defining a new quasiconformal curve

$$
\tilde{E}:=\left\{\zeta=\frac{z}{\operatorname{diam}(E)}: z \in E\right\}
$$

the proof of the first part can be repeated with $\tilde{E}$. But then the desired estimates are also valid for $E$ since shrinking leaves the problem invariant.

## 7. PROOF OF THEOREM 3

If $E$ is a quasiconformal curve, Theorem 3 follows by combining Theorem 1 and Lemma 2. Therefore, we consider only the case when $E \subset \mathbb{C}$ is a quasiconformal arc. Then, there exists a $K$-quasiconformal mapping $F_{1}$ from $\overline{\mathbb{C}}$ onto $\overline{\mathbb{C}}$ such that $F_{1}(\infty)=\infty$ and $F_{1}(E)=[0,1]$. Let

$$
Q:=\{z=x+i y: 0<x<1,0<y<1\} .
$$

$\partial Q$ is a $K_{1}$-quasiconformal curve, i.e., there exists a $K_{1}$-quasiconformal mapping $F_{2}$ from $\overline{\mathbb{C}}$ onto $\overline{\mathbb{C}}$ with $F_{2}(\infty)=\infty$ and $F_{2}(\partial D)=\partial Q$. Setting

$$
F_{3}(z):=F_{1}^{-1}\left(F_{2}(z)\right), \quad \forall z \in \overline{\mathbb{C}},
$$

we obtain a $K_{1} K$-quasiconformal mapping with $F_{3}(\infty)=\infty$ and $E \subset$ $F_{3}(\partial D)$. Hence $E^{\prime}:=F_{3}(\partial D)$ is a $K_{1} K$-quasiconformal curve. Considering $\sigma$ as a signed measure on $E^{\prime}$, we obtain with Theorem 1 and Lemma 2,

$$
\begin{equation*}
D[\sigma] \leqslant c_{1}\|\sigma\| \sqrt{\log \frac{2 k^{\prime}}{\omega_{+}^{-1}((1 / 8) D[\sigma])}}, \tag{7.1}
\end{equation*}
$$

where $k^{\prime}:=\operatorname{diam}\left(E^{\prime}\right)$ and $c_{1}>0$ depends only on $K$. It remains to show that $k^{\prime}$ can be replaced by $k$ in (7.1).

It suffices to show that

$$
\begin{equation*}
C \operatorname{diam}\left(E^{\prime}\right) \leqslant \operatorname{diam}(E) \leqslant \operatorname{diam}\left(E^{\prime}\right) . \tag{7.2}
\end{equation*}
$$

Let $z_{1}$ and $z_{2}$ denote the endpoints of $E$. We choose $\zeta_{1} \in E$ such that

$$
\left|\zeta_{1}-z_{1}\right| \geqslant \frac{1}{2} \operatorname{diam}(E) .
$$

Since

$$
\left|F_{1}\left(\zeta_{1}\right)-F_{1}\left(z_{1}\right)\right| \leqslant\left|F_{1}\left(z_{1}\right)-F_{1}\left(z_{2}\right)\right|,
$$

Lemma 5.2 implies

$$
\operatorname{diam}(E) \geqslant\left|z_{1}-z_{2}\right| \geqslant C\left|\zeta_{1}-z_{1}\right| \geqslant \frac{C}{2} \operatorname{diam}(E)
$$

Analogously,

$$
C \operatorname{diam}\left(\overline{E^{\prime} \backslash E}\right) \leqslant\left|z_{1}-z_{2}\right| \leqslant \operatorname{diam}\left(\overline{E^{\prime} \backslash E}\right) .
$$

Hence, we obtain (7.2). Finally, (7.1) and (7.2) lead to

$$
\begin{aligned}
D[\sigma] & \leqslant c_{1}\|\sigma\| \sqrt{\log \frac{2 \operatorname{diam(E^{\prime })}}{\omega_{+}^{-1}((1 / 8) D[\sigma])}} \leqslant c_{1}\|\sigma\| \sqrt{\log \frac{2 C k}{\omega_{+}^{-1}((1 / 8) D[\sigma])}} \\
& \leqslant c\|\sigma\| \sqrt{\log \frac{2 k}{\omega_{+}^{-1}((1 / 8) D[\sigma])}} .
\end{aligned}
$$

## 8. PROOF OF THEOREM 4

Let $E \subset \mathbb{C}$ be some $K$-quasiconformal curve with $\operatorname{diam}(E)=1$. We will use condenser theory to construct a family of signed measures $\left(\sigma_{\delta}\right)_{0<\delta<\delta_{0}}$ for which (2.9) is sharp up to the constant.

For $0<m<1 / 2$ choose disjoint, closed subarcs $L_{1}, L_{2} \subset E$, such that

$$
\begin{equation*}
\operatorname{diam}\left(L_{1}\right)=\operatorname{diam}\left(L_{2}\right)=e^{-8 / m}=: \delta, \tag{8.1}
\end{equation*}
$$

and

$$
\operatorname{diam}\left(E_{i}\right) \geqslant \frac{1}{12} \operatorname{diam}(E), \quad i=1,2,
$$

where $E_{1}$ and $E_{2}$ are the remaining subarcs with $E_{1} \cup E_{2}:=\overline{E \backslash\left\{L_{1} \cup L_{2}\right\}}$. The subarcs $E_{1}, E_{2}$ and $L_{1}, L_{2}$ satisfy the assumptions of Lemma 2. Thus, there exist constants $0<c_{1}<1$ and $c_{2}>0$ only depending on $K$, such that

$$
\begin{equation*}
c_{1} \log \frac{1}{\delta} \leqslant \operatorname{cap}\left(E_{1}, E_{2}\right) \leqslant c_{2} \log \frac{1}{\delta} . \tag{8.2}
\end{equation*}
$$

To construct the desired signed measure $\sigma_{\delta}$ we consider the equilibrium measure $\tau=\tau_{E_{1}}-\tau_{E_{2}} \in \mathscr{M}^{1}\left(E_{1}, E_{2}\right)$, i.e.,

$$
\begin{equation*}
\|\tau\|^{2}=\bmod \left(E_{1}, E_{2}\right) . \tag{8.3}
\end{equation*}
$$

Defining $\sigma_{\delta}:=\sigma_{\delta}^{+}-\sigma_{\delta}^{-}$by

$$
\begin{aligned}
& \sigma_{\delta}^{+}:=\frac{1}{2}\left(\tau_{E_{1}}+\tau_{E_{2}}\right), \\
& \sigma_{\delta}^{-}:=\left(\frac{1}{2}-m\right) \tau_{E_{1}}+\left(\frac{1}{2}+m\right) \tau_{E_{2}}
\end{aligned}
$$

we have

$$
\begin{align*}
m=D\left[\sigma_{\delta}\right] & =m \sqrt{\bmod \left(E_{1}, E_{2}\right)} \sqrt{\operatorname{cap}\left(E_{1}, E_{2}\right)} \\
& =\left\|\sigma_{\delta}\right\| \sqrt{\operatorname{cap}\left(E_{1}, E_{2}\right)} . \tag{8.4}
\end{align*}
$$

To prove the desired estimate for $\sigma_{\delta}$ we need to estimate the inverse of the modulus of continuity $\omega_{+}$of $\sigma_{\delta}^{+}$from below. Introducing

$$
\omega^{-1}\left(\tau_{E_{j}}, t\right):=\inf \left\{\operatorname{diam}(J): J \text { a subarc of } E_{j}, \tau_{E_{j}}(J) \geqslant t\right\},
$$

for $j=1,2$, we have

$$
\begin{equation*}
\omega_{+}^{-1}(t) \geqslant \min \left\{\omega^{-1}\left(\tau_{E_{1}}, t\right), \omega^{-1}\left(\tau_{E_{2}}, t\right)\right\}, \quad \forall 0<t \leqslant 1 \tag{8.5}
\end{equation*}
$$

We claim that

$$
\begin{equation*}
\log \frac{1}{\omega_{+}^{-1}((1 / 8) m)} \leqslant c_{3} \operatorname{cap}\left(E_{1}, E_{2}\right) \tag{8.6}
\end{equation*}
$$

for some $c_{3}=c_{3}(K)>0$, so that (8.4) and (8.6) yield

$$
m=D\left[\sigma_{\delta}\right] \geqslant c\left\|\sigma_{\delta}\right\| \sqrt{\log \frac{1}{\omega_{+}^{-1}((1 / 8) m)}} .
$$

for some $c=c(K)>0$. Consequently, if (8.6) holds, inequality (2.9) is sharp up to the constant for $\sigma_{\delta}$.
To prove (8.6) it is enough to give appropriate lower bounds for $\omega^{-1}\left(\tau_{E_{1}}, \frac{1}{8} m\right)$ and $\omega^{-1}\left(\tau_{E_{2}}, \frac{1}{8} m\right)$. Since the other case can be treated similarly, we will without loss of generality derive the lower bound for $\omega^{-1}\left(\tau_{E_{1}}, \frac{1}{8} m\right)$ only. Let $J \subset E_{1}$ be some closed subarc and $\Gamma$ be the family of all Jordan arcs in $\Omega:=\overline{\mathbb{C}} \backslash\left\{E_{1} \cup E_{2}\right\}$ with endpoints on $J$ and $E_{2}$ (see Fig. 3). By giving upper and lower estimates for the module $m(\Gamma)$ we will obtain the desired result.


FIGURE 3
Let $f: \Omega \rightarrow A_{R}$ denote the conformal mapping of (3.3). Without loss of generality we assume that

$$
f^{-1}\left(E_{1}\right)=\{z:|z|=1\} .
$$

If $J_{1}$ and $J_{2}$ denote the two preimages of $J$ with

$$
\begin{aligned}
& J_{1}=\left\{e^{i \vartheta}: \vartheta_{1,1} \leqslant \vartheta \leqslant \vartheta_{1,2}\right\}, \\
& J_{2}=\left\{e^{i \vartheta}: \vartheta_{2,1} \leqslant \vartheta \leqslant \vartheta_{2,2}\right\},
\end{aligned}
$$

(2.2), (3.1), (3.2) and an example in [3] yield

$$
\begin{align*}
m(\Gamma)=m(f(\Gamma)) \geqslant & m\left(\left\{\left\{r e^{i \vartheta}: 1<r<R\right\}: \vartheta_{1,1} \leqslant \vartheta \leqslant \vartheta_{1,2}\right\}\right) \\
& +m\left(\left\{\left\{r e^{i \vartheta}: 1<r<R\right\}: \vartheta_{2,1} \leqslant \vartheta \leqslant \vartheta_{2,2}\right\}\right) \\
= & \frac{\vartheta_{1,2}-\vartheta_{1,1}}{\log R}+\frac{\vartheta_{2,2}-\vartheta_{2,1}}{\log R} \\
= & \frac{2 \pi \tau_{E_{1}}(J)}{\log R} . \tag{8.7}
\end{align*}
$$

To find an upper bound for $m(\Gamma)$ consider two points $z_{1} \in E_{1}$ and $z_{2} \in E_{2}$, such that

$$
\operatorname{dist}\left(E_{1}, E_{2}\right)=\left|z_{1}-z_{2}\right| .
$$

Since $E$ is quasiconformal, (2.7) and (8.1) yield

$$
\left|z_{1}-z_{2}\right| \geqslant c_{4} \operatorname{diam}\left(L_{1}\right)=c_{4} \delta
$$

with $c_{4}=c_{4}(K)>0$. Next, we restrict $J$ such that

$$
\delta_{1}:=\operatorname{diam}(J)<\frac{1}{e^{1 / c_{1}}} c_{4} \delta,
$$

and define for some $z_{3} \in J$,

$$
A_{z_{3}}:=\left\{z \in \mathbb{C}: \delta_{1}<\left|z-z_{3}\right|<c_{4} \delta\right\} .
$$

Let $\Gamma_{1}$ denote the family of all Jordan arcs in $A_{z_{3}}$ which connect its boundary elements. Then $\Gamma>\Gamma_{1}$ and, consequently, with (3.1),

$$
\begin{equation*}
m(\Gamma) \leqslant m\left(\Gamma_{1}\right)=\frac{2 \pi}{\log \left(c_{4} \delta / \delta_{1}\right)}<c_{1} 2 \pi . \tag{8.8}
\end{equation*}
$$

Now, by virtue of (8.1), (8.2), (8.7) and (8.8) we obtain

$$
\tau_{E_{1}}(J)<c_{1} \log R=c_{1} \frac{1}{\operatorname{cap}\left(E_{1}, E_{2}\right)}<\frac{1}{\log (1 / \delta)}=\frac{m}{8},
$$

and, therefore,

$$
\begin{equation*}
\omega^{-1}\left(\tau_{E_{1}}, \frac{m}{8}\right) \geqslant c_{5} \delta \tag{8.9}
\end{equation*}
$$

with $c_{5}=c_{5}(K)>0$. Finally, Lemma 3.1, (8.2), (8.5), and (8.9) yield

$$
\log \frac{1}{\omega_{+}^{-1}((1 / 8) m)} \leqslant \log \frac{1}{c_{3} \delta} \leqslant c_{3} \operatorname{cap}\left(E_{1}, E_{2}\right),
$$

i.e., (8.6) holds.

Finally, we remark that $\delta=e^{-8 / m}$ was chosen arbitrarily with $0<m<1 / 2$. Hence, inequality (2.9) is sharp up to the constant for the family of signed measures $\left(\sigma_{\delta}\right)_{0<\delta<\delta_{0}}$ with $\delta_{0}:=e^{-16}=e^{-8 / m_{0}}$ for $m_{0}:=1 / 2$. In addition, the right-hand inequality in (8.2) yields

$$
\frac{D\left[\sigma_{\delta}\right]}{\left\|\sigma_{\delta}\right\|} \rightarrow 0 \quad \text { as } \quad \delta \rightarrow 0,
$$

i.e., (2.9) is sharp up to the constant.

## 9. PROOF OF THEOREM 5

In the following we denote by $C>0$ a constant depending only on $E$, which obtains different values at different occurrences.

Let $g$ be some function with (2.10), (2.11) and (2.12) and let the Jordan curve $E$ be defined as in (2.13). For $\varepsilon_{0}>0$ sufficiently small, we choose some $0<\varepsilon<\varepsilon_{0}$ and consider the subarcs

$$
\begin{aligned}
E^{+} & :=E \backslash\{x+i g(x): x \in(0, \varepsilon)\}, \\
E^{-} & :=E \backslash\{x-i g(x): x \in(0, \varepsilon)\},
\end{aligned}
$$

and define $\sigma_{\varepsilon}:=\mu_{E^{+}}-\mu_{E^{-}}$, where $\mu_{E^{+}}$resp. $\mu_{E^{-}}$denote the equilibrium measures of $E^{+}$resp. $E^{-}$[24, p. 55].

To derive the inequalities (2.14) and (2.15) we need to prove some helpful estimates. First, we show that for each

$$
z \in E_{\varepsilon}:=\{x+i g(x): x \in[0, \varepsilon]\},
$$

there holds

$$
\begin{equation*}
\left|U\left(\mu_{E^{+}}-\mu_{E^{-}}, z\right)\right| \leqslant c_{0} \sqrt{g(\varepsilon)} \tag{9.1}
\end{equation*}
$$

with $c_{0}=c_{0}(E)>0$. Let

$$
\Phi_{+}: \overline{\mathbb{C}} \backslash E^{+} \rightarrow \Delta
$$

be the conformal mapping such that $\Phi_{+}(\infty)=\infty$ and $\Phi_{+}^{\prime}(\infty)>0$. Using the fact, that $U\left(\mu_{E^{+}}, z\right)$ and $U\left(\mu_{E^{-}}, z\right)$ are constant on $E^{+}$and $E^{-}$, respectively, and using the symmetry of $E^{+}$and $E^{-}$we get

$$
\begin{equation*}
U\left(\mu_{E^{+}}-\mu_{E^{-}}, z\right)=-\log \left|\Phi_{+}(z)\right|, \quad \forall z \in E_{\varepsilon} . \tag{9.2}
\end{equation*}
$$

To get an estimate for $\Phi_{+}(z)$ with $z \in E_{\varepsilon}$, we consider the level lines of $\Phi_{+}$, which are defined as

$$
L_{u}:=\left\{z \in \overline{\mathbb{C}} \backslash E^{+}:\left|\Phi_{+}(z)\right|=1+u\right\}, \quad u \geqslant 0 .
$$

We have

$$
\operatorname{dist}\left(E^{+}, L_{u}\right) \geqslant C u^{2}
$$

(see [3, Corollary 2.7]). Supposing that there exists $z \in E_{\varepsilon}$ such that

$$
\begin{equation*}
\left|\Phi_{+}(z)\right|>1+\sqrt{\frac{2 g(\varepsilon)}{C}}, \tag{9.3}
\end{equation*}
$$

we would have

$$
\operatorname{dist}\left(z, E^{+}\right)>2 g(\varepsilon),
$$


$\gamma_{i} \in \Gamma$
FIGURE 4
which is not possible. Hence (9.2) and the fact, that inequality (9.3) is wrong for each $z \in E_{\varepsilon}$, yield

$$
\begin{aligned}
\left|U\left(\mu_{E^{+}}, z\right)-U\left(\mu_{E^{-}}, z\right)\right| & =\log \left|\Phi_{+}(z)\right| \\
& \leqslant \log \left(1+\sqrt{\frac{2 g(\varepsilon)}{C}}\right) \leqslant c_{0} \sqrt{g(\varepsilon)}
\end{aligned}
$$

i.e., (9.1) holds.

Next, we show that there exist positive constants $c_{1}$ and $c_{2}$, only depending on $E$, such that

$$
\begin{equation*}
c_{1} \sqrt{\varepsilon} \leqslant \mu_{E^{-}}\left(E_{\varepsilon}\right) \leqslant c_{2} \sqrt{\varepsilon} \tag{9.4}
\end{equation*}
$$

Let $\Gamma$ denote the family of all Jordan arcs in $\overline{\mathbb{C}} \backslash E^{-}$with endpoints on $E^{-}$ which separate $E_{\varepsilon}$ from $\infty$ (see Fig. 4).

If $\Phi_{-}$denotes the conformal mapping of $\overline{\mathbb{C}} \backslash E^{-}$onto $\Delta$ such that $\Phi_{-}(\infty)=\infty$ and $\Phi_{-}^{\prime}(\infty)>0$, there are two preimages $E_{\varepsilon}^{1}$ and $E_{\varepsilon}^{2}$ of $E_{\varepsilon}$. Defining $E_{\varepsilon}^{\prime}:=E_{\varepsilon}^{1} \cup E_{\varepsilon}^{2}$, (2.1) yields

$$
\mu_{E^{-}}\left(E_{\varepsilon}\right)=\frac{1}{2 \pi} l\left(E_{\varepsilon}^{\prime}\right),
$$

and considering the inequalities (see [3])

$$
\frac{1}{\pi} \log \frac{2}{l\left(E_{\varepsilon}^{\prime}\right)} \leqslant m(\Gamma)=m\left(\Phi_{-}(\Gamma)\right) \leqslant 2+\frac{1}{\pi} \log \frac{4}{l\left(E_{\varepsilon}^{\prime}\right)}
$$

we obtain

$$
\begin{equation*}
\frac{1}{\pi} \log \frac{1}{\pi \mu_{E^{-}}\left(E_{\varepsilon}\right)} \leqslant m(\Gamma) \leqslant \frac{1}{\pi} \log \frac{2 e^{2 \pi}}{\pi \mu_{E^{-}}\left(E_{\varepsilon}\right)} . \tag{9.5}
\end{equation*}
$$

In proving other upper and lower estimates for $m(\Gamma)$ we will be able to show (9.4). Let

$$
A:=\{z \in \mathbb{C}:|\varepsilon+i g(\varepsilon)| \leqslant|z| \leqslant 1\}
$$

and let $\Gamma_{1}$ denote the family of all Jordan curves in $A$, which separate the boundary parts. Since $\Gamma_{1}>\Gamma$ and since $\varepsilon_{0}$ was chosen sufficiently small, we have with (3.1) and (2.11),

$$
\begin{equation*}
m(\Gamma) \geqslant m\left(\Gamma_{1}\right)=\frac{1}{2 \pi} \log \frac{1}{|\varepsilon+i g(\varepsilon)|} \geqslant \frac{1}{2 \pi} \log \frac{1}{2 \varepsilon}, \tag{9.6}
\end{equation*}
$$

and obtain from (9.5) and (9.6) that

$$
\frac{1}{\pi} \log \frac{1}{\sqrt{2 \varepsilon}} \leqslant \frac{1}{\pi} \log \frac{2 e^{2 \pi}}{\pi \mu_{E^{-}}\left(E_{\varepsilon}\right)} .
$$

Consequently,

$$
\mu_{E^{-}}\left(E_{\varepsilon}\right) \leqslant c_{2} \sqrt{\varepsilon}
$$

with some absolute constant $c_{2}>0$.
To prove the left-hand side inequality in (9.4) we consider the family $\Gamma_{2}$ of all Jordan arcs in $\operatorname{ext}(E)$ with endpoints on $E$ which separate $E_{\varepsilon}$ and $\infty$. Since $\Gamma>\Gamma_{2}$,

$$
\begin{equation*}
m\left(\Gamma_{2}\right) \geqslant m(\Gamma) . \tag{9.7}
\end{equation*}
$$

If $\Phi$ denotes the conformal mapping of $\operatorname{ext}(E)$ onto $\Delta$ such that $\Phi(\infty)=\infty$ and $\Phi^{\prime}(\infty)>0$, we have under consideration of [20, Theorem 3.9],

$$
\begin{equation*}
m\left(\Gamma_{2}\right)=m\left(\Phi\left(\Gamma_{2}\right)\right) \leqslant 2+\frac{1}{\pi} \log \frac{4}{l\left(\Phi\left(E_{\varepsilon}\right)\right)} \leqslant 2+\frac{1}{\pi} \log \frac{C}{\sqrt{\varepsilon}} . \tag{9.8}
\end{equation*}
$$

Finally, (9.5), (9.7) and (9.8) yield

$$
\frac{1}{\pi} \log \frac{1}{\pi \mu_{E^{-}}\left(E_{\varepsilon}\right)} \leqslant \frac{1}{\pi} \log \frac{C}{\sqrt{\varepsilon}},
$$

i.e.,

$$
c_{1} \sqrt{\varepsilon} \leqslant \mu_{E^{-}}\left(E_{\varepsilon}\right)
$$

holds with $c_{1}=c_{1}(E)>0$.

In applying the same methods which we used to prove the right-hand inequality of (9.4) we get for each subarc $J \subset E^{-}$,

$$
\mu_{E^{-}}(J) \leqslant C \sqrt{\operatorname{diam}(J)} .
$$

Hence, because of the symmetry of $E^{+}$and $E^{-}$,

$$
\begin{equation*}
\omega_{+}^{-1}(t)=\inf \left\{\operatorname{diam}(J): J \text { a subarc of } E, \mu_{E^{+}}(J) \geqslant t\right\} \geqslant C t^{2}, \quad \forall 0<t \leqslant 1 . \tag{9.9}
\end{equation*}
$$

Now, (9.1), (9.4) and (9.9) yield

$$
\begin{align*}
\left\|\sigma_{\varepsilon}\right\|^{2} & =\int_{E} U\left(\mu_{E^{+}}-\mu_{E^{-}}, z\right) d\left(\mu_{E^{+}}-\mu_{E^{-}}\right)(z) \\
& =2 \int_{E_{\varepsilon}}\left|U\left(\mu_{E^{+}}-\mu_{E^{-}}, z\right)\right| d \mu_{E^{-}}(z) \\
& \leqslant C \sqrt{\varepsilon} \sqrt{g(\varepsilon)} . \tag{9.10}
\end{align*}
$$

Finally, we obtain with (9.4)

$$
\left(D\left[\sigma_{\varepsilon}\right]\right)^{2} \geqslant C_{2} \varepsilon
$$

with $C_{2}:=c_{1}^{2}>0$. On the other hand, (9.9) and (9.10) yield

$$
\left\|\sigma_{\varepsilon}\right\|^{2} \log \frac{\operatorname{diam}(E)}{\omega_{+}^{-1}\left((1 / 8) D\left[\sigma_{\varepsilon}\right]\right)} \leqslant C_{1} \sqrt{\varepsilon} \sqrt{g(\varepsilon)} \log \frac{1}{\varepsilon}
$$

for some $C_{1}=C_{1}(E)>0$.

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